

Summary of Classes

CLASS DESCRIPTION	LEVEL	TIME SPLIT PER CLASS	
Tiny Tots (3-4 years - must turn 3 prior to end June)			
Pre-Primary (4-5 years - must turn 4 prior to end June)			
Our tiniest of dancers are introduced to basic classical ballet, jazz, tap, drama and singing in an energetic, positive and imaginative environment. Pre-Primary is a progressive continuation of Tiny Tots. <u>Note:</u> breaks incorporated to facilitate 1¼ hour class.	Tiny Tots Pre-Primary	Classical	20 mins
		Jazz	20 mins
		Tap	20 mins
		Song & Dance	15 mins
		Total	1 ¼ hours
Primary (5-6 years - must turn 6 before end June)			
Primary is a progressive continuation of Pre-Primary. Students are exposed to more formalised training. <u>Note:</u> breaks incorporated to facilitate 1½ hour class.	Primary	Classical	25 mins
		Jazz	25 mins
		Tap	25 mins
		Song & Dance	15 mins
		Total	1 ½ hours
Junior Combined (7-9 years)			
Junior Combined is a class combining both the Classical and Theatrical Streams. Please see below for a full description of the Classical and Theatrical streams.	Junior Combined	Classical	35 mins
		Jazz	35 mins
		Tap	35 mins
		Song & Dance	15 mins
		Total	2 hours
Classical Stream			
This class combines classical ballet, national character and neo-classical styles. <u>Note:</u> Adult classes (Classical/Contemporary) are run separately.	Adult 20 + years	Classical	45 mins
		Contemporary	45 mins
		Total	1 ½ hours
	Senior 15 + years	Classical	90 mins
		National	30 mins
		Neo-Classical	30 mins
		Total	2 ½ hours
	Intermediate 11 - 15 years	Classical	70 mins
		National	20 mins
		Neo-Classical	30 mins
		Total	2 hours
	Junior 9 -11 years	Classical	70 mins
		National	20 mins
Neo-Classical		30 mins	
Total		2 hours	
Theatrical Stream			
This class combines jazz/musical theatre and tap styles, along with vocal training and drama. <u>Note:</u> Adult classes (Tap and Jazz/Hip Hop) are run separately.	Adult 20 + years	Tap	60 mins
		Total	1 hour
		Jazz	45 mins
		Hip Hop	45 mins
		Total	1 ½ hours
	Senior 15 + years	Jazz	60 mins
		Tap	60 mins
		Song & Dance	30 mins
		Total	2 ½ hours

	Intermediate 11 - 15 years	Jazz Tap Song & Dance Total	50 mins 50 mins 20 mins 2 hours
	Junior 9 - 11 years	Jazz Tap Song & Dance Total	50 mins 50 mins 20 mins 2 hours
Contemporary			
This class explores free-form contemporary movement including elements such as "boundaries", "fall and catch", "release and recover" and working with and against gravity.	Senior 12 + years		1 hour
	Junior 9 - 12 years		30 mins
Hip Hop			
This class explores the popular "street" dance forms that exhibit non-stop, high energy moves including isolations, break dance, acrobatics, strong jumps and "funk". <u>Note:</u> Adult Hip Hop is a combined Jazz/Hip Hop class.	Adult 20 + years	Jazz Hip Hop Total	45 mins 45 mins 1 ½ hours
	Senior 15 + years		1 hour
	Intermediate 11 - 15 years		1 hour
	Junior 8 - 11 years		1 hour
Stretch & Strengthen			
This class is designed to enhance flexibility and improve strength and endurance through isolated stretching and conditioning techniques specifically designed for dancers. <u>Note:</u> Inter class incorporates Pre-Pointe Conditioning.	Senior 15+ years		45 mins
	Intermediate 11 - 15 years		45 mins
	Junior 9 - 11 years		45 mins
Pointe			
This class is designed to fulfil a dual purpose. Intermediate students are invited to commence pointe work and build foundation technique. Senior students concentrate on furthering their pointe technique.			
Performance Company			
Our Performance Company offers students an opportunity to advance their dance technique and performance experience, both as solo/duo/trio performers and as members of dance troupes. Students participate in dance competitions and also perform at other community events. <u>Note:</u> Students only participate in the troupe dances relevant to the style of dance they study.	Senior 15 + years	Troupe Rehearsals Snr/Inter/Jnr	1 hour
	Intermediate 11 - 15 years	Primary	30 mins
	Junior 7 - 9 years	Solo/Duo/Trio Rehearsals All levels	15 - 30 mins
	Primary 4 - 6 years		
Teacher Training Program			
The teacher training program is available by invitation only - expressions of interest welcome. Trainees will complete both theory and practical work as part of the program and also undertake "tasks" as an introduction to studio management.	Senior 15 + years	Theory Practical Total	30 - 60 mins + 2 - 3 hours ~ 4 hours per week